

SAI LNCPE Trivandrum
Khelo India PE and Community Coaching Programme for KVS/NVS/CBSE
 Batch 4 (KVS/NVS/CBSE) | 01 Dec - 22 Dec 20
 9:30 AM - 11 AM | 5-6:30 PM
SAI LNCPE TRIVANDRUM PE AND COMMUNITY COACHING PROGRAM
01-22 DECEMBER 2020 | 9:30-11 AM, 5-6:30 PM

BATCH 4 REGISTRATION LINK:

<https://schoolfitness.kheloidia.gov.in/tot.aspx>

How to JOIN each session each day and mark daily attendance:

1. For each Session, go to <https://schoolfitness.kheloidia.gov.in/tot.aspx>
2. Click on JOIN 15-30 minutes before session start
3. Your attendance will get automatically marked and you will be taken to Zoom Webinar
4. PN: 70% Attendance compulsory for Morning Session and Evening Sessions for getting Participation Certificate

Contact Information:

1. Principal, SAI LNCPE Trivandrum:
 - a. Dr. G Kishore, Principal, SAI LNCPE Trivandrum - saincpe@gmail.com
2. Course Co-ordinators:
 - a. Dr. Usha S Nair, Asst. Professor, SAI LNCPE Trivandrum: ki.peandcc@gmail.com
 - b. Sujit Panigrahi, CEO Fitness365: sujit@seqfast.com, www.fitness365.me

SCHEDULE OF THE PROGRAM

Date	Tme	Topic	Name of Speakers
THEME 1: Physical Education			
01.12.20	9:30 AM - 11 AM	Roles And Responsibilities of PE Teachers	Dr. G Kishore , Principal, SAI LNCPE Trivandrum.
	5-6:30 PM	Physical Education and its Place in an Active School	Branislav Antala (Ph.D.) (Slovakia) Vice President: FIEP Comenius University in Bratislava, Slovakia.
02.12.20	9:30 AM - 11 AM	Concept of Fit India Movement	Smt Ekta Vishnoi , IRS, Mission Director, Fit India
	5-6:30 PM	How to promote community sports Glocally?	Darlene A. Kluka , USA, Vice President of ICSSPE USA
03.12.20	9:30 AM - 11 AM	Integrating Fitness In PE Program, Progressive Curriculum for N-12	Dr. Ajit Kumar , Asst. Professor, ASPCESS, Greater Noida Dr. Birender Jhajharia , Asst. Professor, LNIPE Gwalior
	5-6:30 PM	Physical Education, Physical Activity and Sports Threats, Challenges and Opportunities an International Perspectives	Dr. Uri Schaefer President, International Council of Sport Sciences and Physical Education (ICSSPE). Past President and Board member, International Council of Coaching Excellence (ICCE). Secretary General Israel Coaching Association (In progress).
04.12.20	9:30 AM - 11 AM	Age-appropriate Activities for Class N-05, Planning and Executing a Play Session	Sh. Sujit Panigrahi , CEO, Fitness365

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	5-6:30 PM	Precarity, the health and wellbeing of children and young people, and pedagogies of affect in physical education-as-health promotion	Professor David Kirk FAcSS, IFNAK, FPEA Professor of Education University of Strathclyde
05.12.20	9:30 AM - 11 AM	Age-Appropriate Activities for Class 06-12	Dr. Sanjay Kumar Prajapati , Assistant Professor SAI LNCPE Trivandrum
	5-6:30 PM	Student Engagement: Advantages and Barriers to Success	Dr Ruth M Crabtree , Faculty of Health & Life Sciences, Vice President of the World Association of Sport Management
08.12.20	9:30 AM - 11 AM	Creativity in Physical Education	Dr. Lamlun Buhril , Associate Professor SAI LNCPE Trivandrum
	5-6:30 PM	The Physical Education Teacher in the Role of Health Coach	Dr. Claudia Magaly Espinosa Méndez Professor and researcher of Meritorius University Autonomus of Puebla, Mexico
THEME 2: Fitness Protocols For Students, Teachers And Parents			
09.12.20	9:30 AM - 11 AM	Khelo India Fitness Assessment Program & Khelo India Battery of Tests	Mr. Sujit Panigrahi , CEO, Fitness365 and Khelo India Fitness Assessment Team and Mr. S SURYA PRAKASH , INCHARGE SPORTS CELL KVS RO HYDERABAD
	5-6:30 PM	Transversalities in Physical Education	Dr. Leonardo San Martín , Professor at the Mexican University Center of Sciences and Humanities.
10.12.20	9:30 AM - 11 AM	Hands-on learning of Assessor App and Web Portal for Schools, Report Cards	Mr. Sujit Panigrahi , CEO, Fitness365 and Khelo India Fitness Assessment Team and Ms. Neeraj Singh , National Master Trainer, Khelo India Fitness Assessment
	5-6:30 PM	Safeguarding in Sports	Rosa Diketmueller, PhD , Assistant Professor University of Vienna, Austria, Vice President - IAPESGW
11.12.20	9:30 AM - 11 AM	Injury Prevention and First Aid	Dr. George mathew Associate Professor, SAI LNCPE Trivandrum
	5-6:30 PM	Special Olympics	Fiona Murray , Director, Coaching and Education with Special Olympics International (SOI), Ireland
THEME 3: Community Coaching			
12.12.20	9:30 AM - 11 AM	Balanced Nutrition and Lifestyle	Dr. Kalpana Sharma. , Dean, Faculty of Education & Director, ASPESS & Sports Amity University
	5-6:30 PM	Sports and Society: Sport develop society and communities	Dr Dalton E Watler Lyons , Deputy Chief Officer, Ministry of District Administration, Tourism & Transport

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14.12.20	9:30 AM - 11 AM	Ensuring Continuity In Sports, Ethics, Decision Making	Dr. Ashutosh Acharya , Assistant Professor SAI LNCPE Trivandrum
	5-6:30 PM	How to become a high performing coach	Tandy Jane Haughey , Course Director Sports Coaching, School of Sport
15.12.20	9:30 AM - 11 AM	Introduction to Community Coaching	Dr. M.N. Sawant , Associate Professor, SAI LNCPE, Trivandrum / Dr.Lamlun Buhril Associate Professor. SAI LNCPE Trivandrum
	5-6:30 PM	Public policies of sport and it's relation with gender	Prof. Ms. Giovanna Xavier de Moura PhD student at the Postgraduate Program in Physical Education associated with the State University of Maringá
16.12.20	9:30 AM - 11 AM	Roles and Responsibilities of a Coach	Dr. Narendra Gangwar , Assistant Professor SAI LNCPE Trivandrum
	5-6:30 PM	Cultivating Mental Health in PE and Sports during COVID	Maria Luisa M. Guinto , Ph.D., R.Psy. Sport Psychologist, College of Human Kinetics, University of the Philippines, Board Member - IAPESGW
17.12.20	9:30 AM - 11 AM	Preparing to Coach, Communication	Dr S Jayaraman , Assistant Professor SAI LNCPE Trivandrum
	5-6:30 PM	Sport and Peace	Sarah Hillyer , USA International Association of Physical Education and Sport for Girls and Women(IAPESGW) representative
18.12.20	9:30 AM - 11 AM	Community Officiating: General Principles	Dr. Sanjeev S Patil , Assistant Professor SAI LNCPE Trivandrum
	5-6:30 PM	Game-Based-Approaches in PE	Dr. N Suzuki ,Associate Professor, Pedagogy of Physical Education Tokyo Gakugei University, Japan and Bianca , Research Fellow - JSPS, Waseda University, Japan
19.12.20	9:30 AM - 11 AM	Sports and Events	Francis Sabastian , HOD, Physical education St Thomas Mount, Chennai
	5-6:30 PM	IAPESGW- Physical Education and Sport	Prof.Rosa Lopez de D'Amico , PhD, President, International Association of Physical Education and Sport for Girls and Women(IAPESGW), Venezuela
21.12.20	9:30 AM - 11 AM	Fitness Protocols for Parents and Teachers	Dr. Usha S Nair , Associate Professor, SAI LNCPE Trivandrum
	5-6:30 PM	Sport in Canada : Getting and Keeping Canadians Active	Dr. Karen Danylchuk , EdD President World Association of Sport Management, Professor, School of

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			Kinesiology, Faculty of Health Science, Canada
22.12.20	5-6:30 PM	How to Promote Physical Activity Globally? The experience of Agita Sao Paulo	Dr. Victor Matsudo , Specialized in Orthopedic and Traumatology & Sports Medicine, Professor of Medicine, Gama Filho University, President - Physical Fitness Research Center of São Caetano do Sul – CELAFISCS
	5-6:30 PM	Valedictory Function	Representatives from Ministry of Youth Affairs and Sports (Govt of India), Sports Authority of India, SAI LNCPE Trivandrum and All Speakers